

CERTIFICATE OF PARTICIPATION

This is to certify that

Ryan Ebedes

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:15:21

PACE 05:46/km

OVERALL 5 of 149

GENDER 5 of 79

40 - 49 1 of 25

23 June 2019, Sun

Date



BoutTime

Signature

